

WellKid Events

Fun and Healthy Happenings for Kids

MORNING HOURS: MONDAY through FRIDAY – 8:15 a.m. - 1 p.m.

EVENING HOURS: MONDAY through THURSDAY – 4-7:30 p.m. and FRIDAY – 4-7 p.m.

SATURDAY HOURS: 8:30 a.m. - 1 p.m.

WEEK AT A GLANCE

Music
Monday

Teach
Tuesday

Wacky
Wednesday

Theater
Thursday

Fun
Friday

Super
Saturday



Winter Weather Policy

With winter weather continuing to be a possibility, the Wellness Center will make every effort to provide regular WellKid services. Please call the Wellness Center to be certain if WellKid services will be available on inclement weather days.

Note to WellKid Parents

Help us keep all children in our care physically and emotionally safe through cooperation with the following policies:

- **No sick children.** Children who are or appear ill (e.g., fever, runny nose) will not be permitted. When there is doubt, you may bring a physician's note clearing your child to return to WellKid.
- **Due to safety concerns,** we do not allow solid food in the childcare area. All drinks must be in a spill-proof cup and labeled with your child's name. (Water will always be available.)
- **For safety reasons,** do not bring toys from home.
- **There is a two-hour childcare limit.** An additional childcare fee will be assessed for every five minutes over the two-hour limit.
- **The WellKid staff do not change diapers.** They will call you if needed.

Hours of Operation

Monday – Friday: 8:15 a.m. - 1 p.m.

Monday – Thursday 4-7:30 p.m.

Friday: 4-7 p.m.

Saturday: 8:30 a.m. - 1 p.m.

For more WellKid information, call 865-980-7113.

Children should wear athletic shoes for outdoor play. Jackets may be needed for outdoor play. Parents, please apply sunscreen on your children for outdoor play.



Fun Family Pool Times:

- Mondays, 7-9 p.m.
- Tuesdays and Thursdays, 4-5 p.m. (*lap pool only*)
- Wednesdays, 7-9 p.m.
- Fridays, 5-7 p.m.
- Saturdays and Sundays, noon - 4 p.m.

Non-members must pay applicable guest fees. Immediate family members under age 13 are admitted free of charge. Disposable diapers are not allowed in the pool, but reusable diapers may be purchased at the front desk.

 **Blount Memorial**
Wellness Center
Springbrook

blountmemorial.org/wellness

Week at a Glance Focus

Music Monday

play music

Teach Tuesday

teach a lesson, examples: states, colors, shapes

Wacky Wednesday

just be silly, dress up

Theater Thursday

read, have a play, watch a movie

Fun Friday

free play

Super Saturday

superhero theme, be your favorite superhero for a day